DOCUMENT RESUME

ED 381 734 CG 026 227

AUTHOR	Drexler, Nora L.
TITLE	Drug and Alcohol Awareness for Grade Five.
INSTITUTION	Drexler Associates, Inc., Erie, PA.
PUB DATE	94
NOTE	42p.; For related teaching guides, see CG 026 222-230. Produced as part of the SPARKS (Smart People Act Responsibly to Keep Safe) educational program.
AVAILABLE FROM	Drexler Associates, Inc., P.O. Box 722, Erie, PA 16512-0722 ($21.95 single copy; $17.95 each for 25 or more).
PUB TYPE	Guides - Classroom Use - Teaching Guides (For Teacher) (052)
EDRS PRICE	MF01/PC02 Plus Postage.
DESCRIPTORS	*Alcohol Education; Children; Curriculum Guides; *Drug Education; *Grade 5; Health; Instructional Materials; Intermediate Grades; Intervention; Prevention; Resource Materials; Substance Abuse

ABSTRACT

This educational program on drugs and alcohol provides a "No-Use" message to students. The curriculum maintains that alcohol, tobacco, and illicit drugs are unhealthy and harmful, and that society's laws and values are to be respected. The lessons build students' resistance to influences that encourage drug abuse and they promote safe, healthy, and responsible attitudes while correcting mistaken beliefs and assumptions about drugs and alcohol. Lessons appear on 36 "Task Cards" which are intended to be used once a week during a traditional school year. The sequence and frequency with which these Task Cards are used, though, is at the instructor's discretion. Cards may be completed individually or in a group. Each card contains a benchmark (a one or two line goal for the lesson), a short message that the facilitator can present to the students, and an activity, all of which are age appropriate. If students work in groups, they are encouraged to create and display a team name, a pennant or banner with their team symbol, a license plate, a team motto or slogan, and a simulated 1-800 phone number. Cartoon characters with positive messages appear at the end of the publication and these can be awarded to students as incentives. (RJM)

****
* Reproductions supplied by EDRS are the best that can be made *
* from the original document. *
****

ED 381 734

Drexler Associates, Inc, P.O. Box 722, Erie, PA 16512

SPARKS EDUCATIONAL PROGRAMS

Smart People Act Responsibly to Keep Safe

DRUG AND ALCOHOL AWARENESS

FOR

Grade Five

U.S. DEPARTMENT OF EDUCATION
Office of Educational Research and Improvement
EDUCATIONAL RESOURCES INFORMATION CENTER (ERIC)

☐ This document has been reproduced as received from the person or organization originating it.

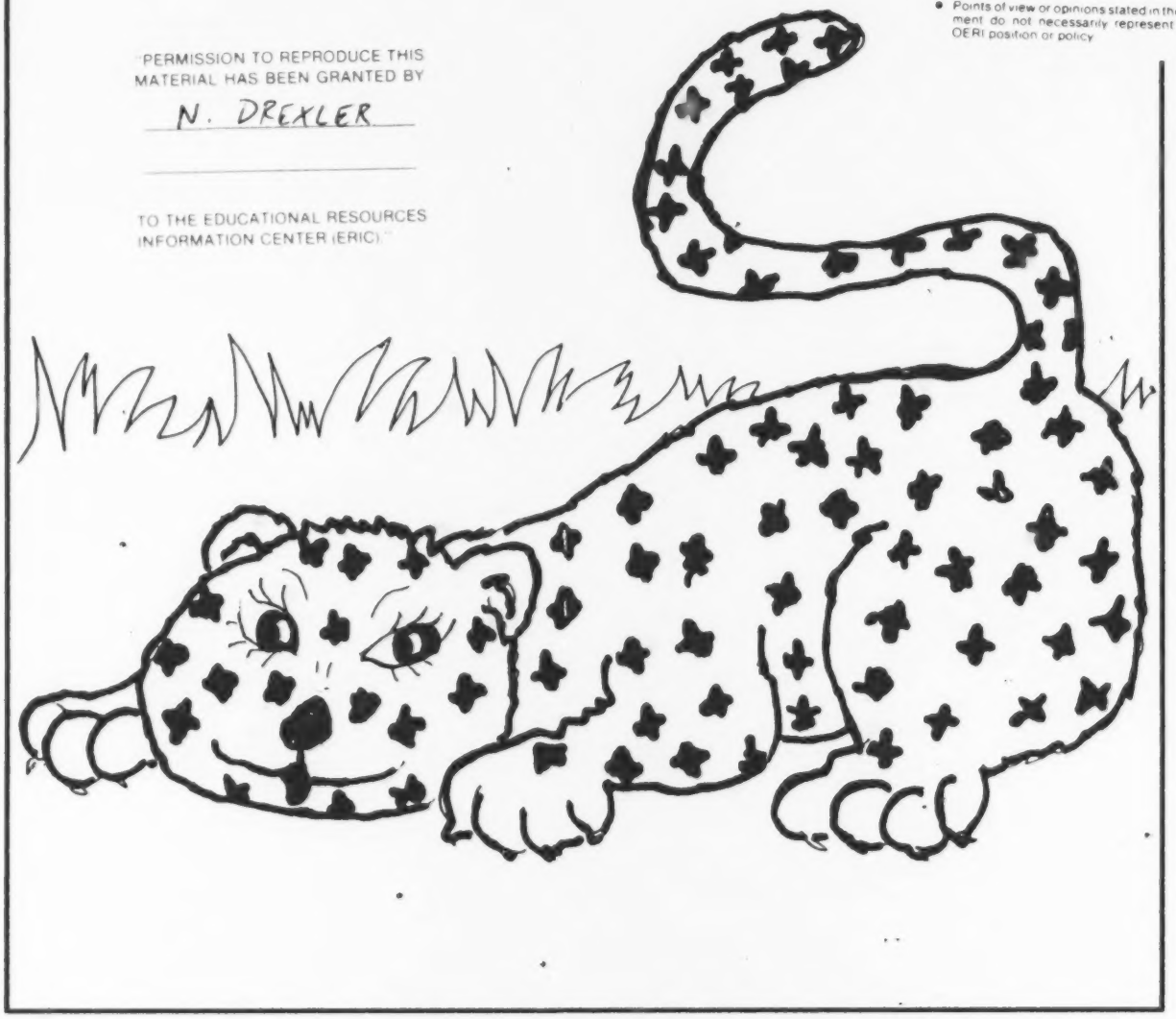
☐ Minor changes have been made to improve reproduction quality.

• Points of view or opinions stated in this document do not necessarily represent official OERI position or policy.

"PERMISSION TO REPRODUCE THIS MATERIAL HAS BEEN GRANTED BY

N. DREXLER

TO THE EDUCATIONAL RESOURCES INFORMATION CENTER (ERIC)"



Copyright 1994 © Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

BEST COPY AVAILABLE

CG026227

D A INC.
Publisher of Educational Material

SPARKS EDUCATIONAL PROGRAMS

Drug and Alcohol Awareness Programs

Nora L. Drexler, the author and illustrator of SPARKS EDUCATIONAL PROGRAMS, received her M. Ed. from Gannon University and has received special training in Gifted Education from the University of Connecticut. She has taught regular and gifted education in Kindergarten through grade eight in Pennsylvania. Currently she teaches Gifted Education in the Millcreek Township School District in Erie, Pennsylvania. She has participated in the Governor's Lead Teacher Program in PA. She gives national and international presentations, and teaches new trends in computer technology. She implements cooperative learning, integrated curriculums and directs educational television programs for children.

Copyright © 1994
Drexler Associates, Inc.
Box 722
Erie, PA 16512-0722

Purchase of this publication entitles the purchaser the right to duplicate the materials only for the students directly affected by his or her instruction. Duplication for an entire school or school district from a single manual is strictly forbidden.

RATIONALE

SPARKS, (Smart People Act Responsibly to Keep Safe), is a nationally marketed, educational program brought to you exclusively by Drexler Associates, Inc. The "NO-USE" message in this curricula is clear, consistent, and positively communicated throughout this material. This program spirals in a continuous progression from kindergarten through grade eight and maintains that the use of alcohol, tobacco and illicit drugs is unhealthy and harmful, and that the laws and values of our society are to be respected. This program builds resistance to influences that encourage drug abuse, promotes safe, healthy and responsible attitudes, and corrects mistaken beliefs and assumptions.

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

TO THE TEACHER/FACILITATOR

The lessons on the "Task Cards" in this publication are designed for use once a week, for a traditional thirty-six week school year. However, the actual sequence or frequency of these Task Cards should be at the discretion of the prevailing instructor, counselor or group leader in charge. The Task Cards could be completed individually or used in a cooperative learning, group situation. Benchmarks can be discussed orally and the facts can be written in a student notebook.

If students are working in small groups of three or four students, they should create and display their team names, a pennant or banner with their team symbol, a license plate (Example: WE-ARE-#1), a team motto or slogan, and a simulated 1-800 phone number, (Example: 1-800 -NODRUGS).

The teacher can assign "tangible" points to the teams in the form of buttons, popcorn kernels, perler beads, etc. contained in a jar or plastic, reclosable sandwich bag, or show points listed on a chart. Points can be administered by the teacher's discretion for accuracy, cooperation, quality work, creative answers, organization, participation, effort, extra drug and alcohol information or speakers brought into the class, etc. Winning team upon conclusion of the task cards, is the one with the most points. Students delight in seeing visible progress through the containers, and competition becomes more exciting each week.

Cartoon characters, from the Creature Feature Cards at the end of this publication, can be awarded to students in any quantity, in any fashion, for any reason, at the discretion of the group facilitator.

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

To the Student: About Drugs and Crime

When drugs are prescribed by doctors and used wisely, they can ease pain and suffering, help fight infection and even cure diseases. But when drugs are not supervised by a doctor, not used wisely, or used by someone other than the person for whom the drug was prescribed, they can cause pain, suffering, illness and even death. Do not experiment with any drugs, medicine, alcohol or chemicals!

Sooner or later, you will probably come in contact with people who are using illegal drugs or alcohol or, who are selling or "pushing" this habit on others. You may be tempted to try the drug because of stories you have heard, of promises made by the "pusher," just from curiousity, or because of the pressure to do whatever your friends are doing. However, drugs will NEVER help you get better grades, will NEVER make you more popular, and will NEVER solve any problems that you may have.

Drugs and alcohol can cause you a lot of pain, make you very sick and even cause death. It may seem hard for you to say "No," but it is certainly easier to refuse drugs NOW, than to try to break the habit later. Be strong in your plans to stay clean and free from drugs, alcohol and crime. Don't hang around with other kids who get into trouble with the law, or who use drugs or alcohol. Stick with friends who respect the drug-free, crime-free choice. You must learn the facts about drug and alcohol abuse, and care about your body, your mind, and your future.

Crime is everybody's business! Preventing crime is everyone's duty. All citizens in our country have the responsibility of keeping themselves safe and their community safe. You also, share in this important responsibility. Laws of your state and city, as well as the rules within your home, school and community, were designed to keep you safe and help you grow up to be the best you can be. Obey the laws. Obey the rules. Encourage your friends to respect laws, rules and property. Whenever a crime is committed, everyone pays. Taxes go up, more money is spent to fix property, or to punish criminals, or to hire more staff to help protect innocent people. Think about it. This is money that could have been routed for other purposes such as health care, research for diseases, better parks, roads, education, inventions, space travel, etc. Whenever a crime is commited, someone is injured or rights are violated. Crime hurts everyone. It takes a long time to rebuild damaged property and fix broken lives. Everyone suffers. Everyone pays the price.

You and your classmates can help. Take steps to prevent crime. Follow the rules. Report law breakers or suspicious behavior. Be respectful of those in authority. Honor police officers and those who risk their lives every day so that you and your family can have a better life, without fear of intruders, vandalism, pollution, theft, or drivers on the road who are under the influence of alcohol or drugs. Perhaps, you, too, will choose a career in law, or law enforcement, to continue to help our citizens live and grow in a crime-free, drug-free environment.

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

TASK CARD # 1

BENCHMARKS - The student should know that:

* Alcohol causes drowning and other fatal accidents
* Alcohol is responsible for homicides and suicides
* All by itself, alcohol is a lethal drug

Activity: Personality Inventory

Answer each question and then compare your answers with those of other students. Notice how many ways students are alike. Once you know other students, it is easy to pull together, instead of apart.

* Why do you think it is hard to find really good friends?
* If you could pick anybody to be your friend who would it be?
* What would you do if a best friend repeated a secret you told them not to tell?
* Why do you think students use drugs or alcohol?
* What was the nicest thing you ever did for one of your friends?
* How do you think your friends describe you?
* How do you think your teachers describe you?
* How would you describe yourself?
* What would you do if friends wanted you to smoke cigarettes and drink beer?
* When are you jealous of your friends?

TASK CARD # 2

BENCHMARKS - The student should know that:

* 3 people die every day in the U.S. from alcohol overdose
* People use many different words for getting drunk on alcohol, such as: plastered, bombed, ripped, blitzed, sloshed, or wasted
* It is time for us to forget that "everybody" else does it, too, and start thinking about the fact that drinking is dumb

Activity: Personality Inventory

Continue personality insights inventory from Task Card # 1

* I don't like to hang around kids who
* My favorite song is
* My favorite TV show is
* My favorite color is
* Why do you think teens mistakenly think that wine coolers are not alcoholic beverages?
* The sport I like best is
* If I could have any pet, I would want a
* The school subject I like best is
* If I had special powers, I would
* A school rule I would change is

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

TASK CARD # 3

BENCHMARKS - The student should know:

- Drinking and driving accidents are the # 1 cause of death among teenagers
- 40,000 Americans each year are disfigured in accidents involving young people using alcohol
- People drink alcohol because they like the feeling of being "high" - which is actually just the feeling of having damage to the central nervous system

Activity: Scavenger Hunt

Break into groups. This is a scavenger hunt. Use any or all references in the library you may need. If the answer is no, you must write the correct answer.

- Can stimulants make a patient fall asleep more easily? _____
- Are analgesics, drugs that produce loss of consciousness? _____
- Does alcohol play a role in many fatal traffic accidents? _____
- Is it the American Medical Association that must approve new drugs before thay can be sold? _____
- Can drugs cause changes in the human body? _____
- Is nicotine a drug found in chocolate, coffee, tea and cola? _____
- Are drugs that can be sold lawfully without a prescription called "prescription drugs"? _____
- Are drugs chemical substances? _____
- Can drugs change the speed of cell activities? _____
- Will depressants slow down the activity of the central nervous system? _____

TASK CARD # 4

BENCHMARKS - The student should know:

- Alcohol can get you into trouble with your parents, with the police and with your principal
- Alcohol is an illegal drug for teens - just like marijauna, cocaine and heroin
- Alcohol is a poison to all parts of the body - including the heart

Activity: Investigation

Let's find out about the history of drugs. Use library reference books. Break into 4 groups. Each group chooses one of the following locations to find out how primitive people's practice would treat or cure an illness: GREECE, ROME, EGYPT, CHINA. Group with the most drug facts, wins!

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

TASK CARD # 5

BENCHMARKS - The student should know:

* Being drunk means a person has overdosed on a drug
* Alcohol puts the brain to sleep
* Brain damage begins with the first drink

Activity: Research

The first group who can locate the disease or condition these drugs are used to treat, is the winner. Use research sources: PENICILLIN, POLIO, INSULIN, CORTISONE, MORPHINE, SULPHA. Discuss the findings.

TASK CARD # 6

BENCHMARKS - The student should know:

* Every 5 seconds a teenager has a drug or alcohol-related accident
* 1 drink can impair the ability to drive
* More that $.25 of every dollar you pay for auto insurance premiums goes to pay for damage done by drunk drivers

Activity: Role Playing

Most of the drugs used today by hospitals and doctors were discovered or improved during the twentieth century. Tell the contributions of these famous people, by dividing into groups and planning a role playing situation. Think of wigs, old clothes, props. Decide who will be the famous person. Decide what roles the others could play; assistant, patient, spouse, announcer, etc. If you have parts left over, do a "drug-free" commercial. Share all facts from your reference source, with the group, so that everyone understands the background information neded to create the skit:

John E. Salk
Alexander Fleming
Louis Pasteur
William T. G. Morton
John Jacob Abel

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

TASK CARD # 7

BENCHMARKS - The student should know:

- 3.3 milllion men and women under 20 are problem drinkers
- Some teens become alcoholics within 6 months after taking their first drink
- Liver cancer is also related to alcohol use

Activity: Word Scramble

Use key works from these facts to create 10 word scrambles from each person. Print clearly. Spell words correctly for decoding purposes. Exchange papers with a partner. Winner is the one who unscrambles first.

Ex: SLARENIM = MINERALS

Some drugs occur in a natural state in plants, animals and minerals, but may be refined for human use

Drugs can be taken in any form, pills, salve, crystals, crystals, liquid, or powder

Drugs can be packaged in many ways; bottles, boxes, tubes

Drugs that do not occur naturally and are made by scientists in laboratories are synthetic drugs

Drugs can be taken by mouth, injected, through the skin or inhaled

---

TASK CARD # 8

BENCHMARKS - The student should know:

- Because crack is smoked, it enters the body through the lungs and then goes through the heart to the brain in seconds
- Crack can instantly kill
- Crack users risk death each time they use crack

Activity: Word Scramble

New word scramble with new facts, is the same procedure as Card # 7

When drugs enter the body, they travel through the body entering cells and changing the speed of cell activity

Cardiovascular drugs affect the heart and blood vessels

Stimulants speed up the activity of the nervous system

An example of an analgesic that relieves pain without affecting the senses, is aspirin

Decongestants reduce the swelling of mucus membranes

General anesthetics affect the brain to cause loss of feeling or consciousness for the whole body

Local anesthetics numb the senses only in that area of the body

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

TASK CARD # 9

BENCHMARKS - The student should know:

* Crack can kill the very first time it is used or the 100th time it is used
* Crack is almost instantly addicting
* Crack users are usually addicted after only a few weeks

Activity: Brainstorm, Debate

Generate as many reasons as you possibly can for the following questions. Winning group is the one with the most answers. Share ideas, discuss and debate:

Why

* should you discard drugs if the expiration dates have passed?
* should prescription drugs and over-the-counter drugs be kept in their original containers?
* should drugs be stored in safe places away from little children?
* should warnings on labels be observed?

TASK CARD # 10

BENCHMARKS - The student should know:

* Most users of marijauna get an increased heart rate, red eyes, dry mouth and throat
* Smoking 5 joints a week of marijuana does more damage to the lungs that 6 packs of cigarettes a week
* In almost 16 out of 100 cases of fatal highway accidents, marijuana was used by the driver

Activity: Brainstorm, Debate

Same as Task Card # 9

New questions for discussion are:

* Should the seal be examined carefully before opening a drug container?
* Should a prescription drug be taken by a different person, other than the one for whom it was prescribed?
* Should directions on drug containers be followed precisely?

Design posters from the information questions from Task Cards 9 & 10 to provide warnings to others. Hang them in hallways.

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

TASK CARD # 11

BENCHMARKS - The student should know:

* Marijauna (grass, pot, weed) is a common plant
* A marijuana cigarette is made from the dried parts of the whole plant, except the main stem and roots
* How strong the marijuana is, depends on climate, soil conditions, time of harvesting

Activity: Critical Thinking

These are reasons sometimes given for drug use. Tell why they are the wrong reasons.

Feeling shy
Being physically small or weak
Rebeling against authority figures
Money problems
Rejection
Grades/report card
Curiosity
Peer pressure

TASK CARD # 12

BENCHMARKS - The student should know:

* Having even one unit of crack can result in up to 1 year in prison and a $ 5,000 fine
* Delivering or selling crack is a felony
* Using crack is a crime that can put you in jail

Activity: T-Shirt Design, Cheer, Presentation

Design a drug-free T-shirt, using fabric, crayons or paint on an old, plain shirt. Invent a drug-free rap or cheer. Present it to a younger grade level while modeling your new shirts, or present to an area nursing home, school board, or parent organization, etc.

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

TASK CARD # 13

BENCHMARKS - The student should know:

* Because crack is cocaine, this makes cocaine widely available
* The crack usage problem continues to skyrocket
* Crack is the most marketable drug sold on the street today

Activity: Flow Chart, Diagram

Explain why these events could contribute to drug abuse:

Poor nutrition	Other crime dealings
Family and friends	Auto accidents
Serious injuries	Job loss
Criminal record	Lack of college or training
Jail term	Loss of drivers license

Construct a flow chart or diagram in your groups that would show how all these events could contribute to drug or alcohol abuse.

TASK CARD # 14

BENCHMARKS - The student should know:

* The largest percentage of crack users are young, urban males between the ages of 20 - 30
* Crack use can be found in rich and poor areas of the city
* Many states have already lost too many young lives as a result of crack use

Activity: Mural

Find or draw a picture of an astronaut's space suit. Run enough copies for your class or group. Take photos, or use school pictures to put inside the space suits where the faces would go. Create a class or hall mural, "Spaced Out on Life, NOT Drugs!" Paint or color the background.

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

TASK CARD # 15

BENCHMARKS - The student should know:

* Crack is a form of cocaine, and it is 4 - 10 times stronger
* Crack looks like slivers of soap
* Crack is often smoked with marijuana or regular tobacco in a pipe

Activity: Commercial

Using a video camera, make a short "commercial" against drug and alcohol abuse. Do skits that reveal all the different ways to say "NO", when approached about trying or using drugs and alcohol. Perhaps a local TV station will run your production as a public service announcement! If you do not have access to a video camera, do a "live" presentation for another grade level, school, etc.

TASK CARD # 16

BENCHMARKS - The student should know:

* The name "crack" may have evolved because the drug remembles cracked paint chips or because it makes a crackling noise when smoked
* Crack is sold in ready- to-smoke form and may be purchased for as little as $ 5.00
* Crack possession may carry a fine of $ 15,000 or more

Activity: Poster

Make a poster with guidelines that list ways to stay drug-free. Present posters to younger children and explain the reasons:

* Caring about your health
* Choosing drug-free friends
* Liking and accepting yourself
* Knowing your talents and limitations
* Resisting peer pressure
* Having hobbies
* Volunteering time for community help
* Playing team sports

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

TASK CARD # 17

BENCHMARKS - The student should know:

* If a parent drinks too much, talk to an adult who doesn't drink too much, a close relative (such as an aunt, uncle or grandparent), friendly neighbor, teacher, or clergy member who can be a good source of help
* If a parent drinks too much, learn more about the facts and you'll be less likely to feel angry, guilty, or sad about things you shouldn't be blamed for
* If a parent drinks too much, try to be understanding and don't blame anyone for a parent's drinking problem

Activity: Research

List names and addresses of agencies or organizations that supply drug and alcohol information, material, programs or support groups. Make posters that show these sources that are available.

TASK CARD # 18

BENCHMARKS - The student should know:

* To make the most of your own life, spend time with friends
* To make the most of your own life, join a club or special group
* To make the most of your own life, find an activity that you enjoy

Activity: Letterwriting for Social Action

Don't just complain about highway fatalities, drug abuse and alcoholism. Write to congressional staff and government leaders, giving your ideas and strategies to improve the situation. Write letters to the Editor of local newspapers. Speak up. Be heard. Be strong. Stick together.

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

TASK CARD # 19

BENCHMARKS - The student should know that:

* Kids can make a difference if they learn about alcohol
* Kids can make a difference if they help themselves
* Kids can make a difference if they talk to their parents or someone else they trust about what can be done

Activity: Interviews

Schedule professionals to speak with your group. Invite a judge, parole officer, rehabilitation treatment center specialist, attorney, etc. to share facts. Human resources are very valuable. Create a class photo scrapbok showing your special guests. Call it..."A SPARK to Others...".

TASK CARD # 20

BENCHMARKS - The student should know:

* Effects from inhalant use last from 15 - 45 minutes
* Effects from inhalent use may cause flushed face and neck, dizziness, nausea, sneezing, coughing, nosebleeds, fatigue
* Effects from inhalant use may cause bad breath, lack of coordination, loss of appetite, decreased heart rate, decreased breathing rate, inhibited judgement

Activity: Police Officer Interview

Ask a police officer to visit your group. Here are some questions you could ask:

* How long have you been a police officer?
* What special training did you have?
* What equipment do you use?
* What are your responsibilities?
* What are your hours?
* What made you want to be a police officer?
* In what ways do you use computer technology?
* What is the most difficult part of your job?
* How is your job dangerous?
* What subjects in school or college helped you the most?
* What advice do you have for students who want to go into police work?
* What other opportunities for careers are there in law enforcement?
* What would you change about your job if you could?

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

TASK CARD # 21

BENCHMARKS - The student should know:

* Proper channels are available to get help, information or to demand social change

Activity: Rap

This is the SPARKS FOR EDUCATION "Justice Rap". Add more verses of your own!

Feel the jubilation,
All across the nation,
Drug-free education!
What a great sensation!

Read a little faster.
Sharpen up your math.
Follow us along...
Responsibility path!

Do you know the dreadful facts
For drugs and alcohol, too?
Accept responsibilities
Meant for you.

You need teachers, principals,
Police departments, too.
It's good for our Country and
It's good for you!

Write to a Congressman.
Put the letter in the mail.
You can fix and change laws
Along the Justice Trail.

You need teamwork, decisions,
All through the day.
Never use drugs,
There's a price to pay!

Obey the laws,
It's the thing to do!
It starts with your city.
It starts with YOU!

TASK CARD # 22

BENCHMARKS - The student should know:

* Inhalants are common household items
* Inhalants are cheap
* Inhalants are easy to buy

Activity: Charts

Drugs have many sources - animal, plant and mineral. Make charts to show different drugs and their sources. Learn why inhalants are dangerous and why their use is so frequent.

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

TASK CARD # 23

BENCHMARKS - The student should know:

* Inhalants are used by sniffing through the nose or 'huffing" - inhaling the fumes through the open mouth
* Inhalants are not thought of as drugs because they are not usually sold to be used as drugs
* Large amounts of inhalants produce deep sleep or even coma

Activity: Scavenger Hunt, Survey

Locate all the products you can find that have caffeine in them. Many foods or beverages may not even be dark in color and still contain the drug. Investigate by doing a survey. What percentages are recorded for each product? What about diet pills? What are the side effects of caffeine? Other hidden ingredients in products are sugar or salt (sodium).

TASK CARD # 24

BENCHMARKS - The student should know:

* Inhaling heroin is called "snorting"
* Injecting a drug directly into a vein is called mainlining

Activity: Investigations

Find out about drug laws in your state or community. Find out how drugs are tested and approved for usage. Find what contributions women have made in the field of drugs, diseases, and cures. What are "Gateway Drugs"? Why do they have that name?

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

TASK CARD # 25

BENCHMARKS - The student should know:

* 8 out of 10 kids who try only a half pack of cigarettes will become hooked for years or even their entire lives
* Chewing tobacco causes cancer of the mouth and other diseases of the gums and teeth
* Marijauna smoke has more tar and cancer causing agents than tobacco

Activity: Definitions

Prepare a "Dictionary of Terms" for your class with words such as:

ABUSE	CRACK	NARCOTIC
ACID	DEPRESSANT	NICOTINE
ALCOHOL	DRUG ADDICT	OVER-THE-COUNTER
AMPHETAMINES	GRASS	POT
ANALGESICS	HALLUCINATE	PRESCRIPTION DRUG
ANTIBIOTICS	HEROIN	PUSHER
BARBITUATES	HIGH	STIMULANT
COCAINE	JOINT	TOBACCO
COMA	MORPHINE	TRIP

TASK CARD # 26

BENCHMARKS - The student should know:

* Craving is more intense with cocaine than with any other drug
* Cocaine inhalation causes sores and ulcers in the nose
* Crack, a newer, smokable form of cocaine is highly addictive

Activity: Research

Find information on drug treatment centers and addicts. List many reasons that it would not be a pleasant experience. Wouldn't you rather be drug-free and vacationing in a resort? Tell where you would be vacationing for six weeks, if you could. Why? How did you discover this place?

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

TASK CARD # 27

BENCHMARKS - The student should know:

* Drug abuse persists because parents buy kegs of beer for teenager parties
* Drug abuse continues because advertisers plug alcohol and cigarettes
* Drug abuse continues because movies display drug use, and rock stars glamorize it

Activity: Career Poster

Professionals risk law suits and job loss for drug or alcohol abuse. Create a career poster from the category below. Be ready to explain exactly why drug usage or alcohol would be wrongful or dangerous in the job position. How would other people connected with that job description, be affected or in danger?

ACCOUNTANT
ARCHEOLOGIST
ARMY
ARTIST
ASSEMBLER
ASST. SUPERINTENDENT
ASTRONAUT
ASTRONOMER
BAKER
BANKER
BASEBALL PLAYER
BASKETBALL PLAYER
BOTANIST
COMPUTER SPECIALIST
CONSTRUCTION WORKER
CONTRACTOR
CRAFTER
CRUISE DIRECTOR
DANCER
DENTIST
DETECTIVE
DOCTOR
ELECTRICIAN
ENTREPRENEUR
ENVIRONMENTALIST
FBI AGENT
FARMER
FASHION DESIGNER
FIREMAN
FISHERMAN
FOOTBALL PLAYER
GEOLOGIST
GOLFER
GOV'T. LEADER
HAIRDRESSER
HOCKEY PLAYER
INVENTOR
JUDGE

TASK CARD # 28

BENCHMARKS - The student should know:

* If you are stopped for driving under the influence of alcohol, you may be arrested
* Your parents will be notified by the police of the arrest made for drunk driving
* If you are arrested for drunk driving you may be kept for blood, urine and breath testing

Activity: Career Poster

Same as Task Card # 27

LANDSCAPER
LAWYER
LIBRARIAN
MAGICIAN
MAIL CARRIER
MARINE BIOLOGIST
MARINES
MECHANIC
METEOROLOGIST
PLUMBER
POLICEMAN
POOL PLAYER
PRINCIPAL
PHYCHIATRIST
RADIO ANNOUNCER
REALTOR
REPORTER
SALESPERSON
SECRETARY
SINGER
SOCCER PLAYER
STORE OWNER
SUPERINTENDENT
SWIMMER
TEACHER
TENNIS PLAYER
TRAVEL AGENT

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

TASK CARD # 29

BENCHMARKS - The student should know:

* Drug abusers must accept the fact that they are powerless over the substance
* Drug abusers must realize there are terrible consequences from their habit
* Drugs are habit forming

Activity: Contest for Primary Students

Hold a drug-free poem and poster coloring contest for younger grades. Give specific instructions. How long can their poems be? What size paper and what materials can they use? What information do they need to put on the poem or poster? On the front or back? To whom do the participating children give their entries to? Is there a prize? What is it?

TASK CARD # 30

BENCHMARKS - The student should know:

* Drugs destroy healthy bodies
* Never eat, drink or sniff anything you are unsure of
* Stay away from people who use drugs

Activity: Poem

Create drug-free poems of your own. They can be four lines and simple rhyme pattern:

If each one of us
Would do his part,
We'd save this land
Right from the start.

Keep law and order
The whole year through.
Accept responsibility
For whatever you do!

We'll all help each other
And have fun, too!
American citizens
Are depending on you.

Be a law-abiding citizen.
Help others understand.
Preserve your rights.
Protect our land.

Convince your friends
To follow the rules.
We'll make a drug-free difference
In America's schools.

So, be a SPARK to others
In whatever you do!
Do it for yourself
And the Red, White and Blue!

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

TASK CARD # 31

BENCHMARKS - The student should know:

* People say "NO" to drugs because they don't like the way drugs make them feel
* People say "NO" to drugs because drugs are against their religion
* People say "NO" to drugs because drug use is against the law

Activity: Explanations

With the number of drug and alcohol-related highway accidents, it is clear that some citizens are not responsible for their actions. Here are some simple rights that you have. Explain the responsibility that must go with those rights:
Example: Ride the bus: stay seated, talk softly, don't throw things out windows, wait until the bus stops before exiting.
Now you try these:
Use a school desk and chair, have a safe school, own a bicycle, play at recess, compete in sports, compete in contests

** You have the right to refuse drugs and alcohol. You must be a responsible person

---

TASK CARD # 32

BENCHMARKS - The student should know:

* Regular drinking causes kids to give up sports or hobbies
* Medicines are legal drugs ordered by doctors to make sick people well
* Medicines should only be taken if you are sick

Activity: Wall Display, Brainstorming

Hang a large sheet of paper. Draw as many road or traffic signs as you can think of. Then discuss these:

Laws are for everyone. "WEAR A SEATBELT" SPEED LIMIT 55 MPH
Can you think of other laws?

Rules are made for smaller groups. What rules do your parents have for you at home?
What are the rules in your classroom? At recess? In the cafeteria?

Copyright © 1994 Drexler Associates, Inc. PO Box 722, Erie, PA 16512-0722

TASK CARD # 33

BENCHMARKS - The student should know:

* When a person smokes marijuana, he has trouble doing even simple things like riding a bike
* The drug from one marijuana cigarette can stay in a person's body over a month
* Smoking marijuana is more harmful than smoking tobacco cigarettes

Activity: Pen Pals, Video

Create a "video" letter to another school, possibly in another city or state. Encourage some drug-free pen pals. Enclose written addresses to correspond by letter, later. Do "Bring N' Brag" and explain or show all the terrific, drug-free activities you have completed this year.

TASK CARD # 34

BENCHMARKS- The student should know:

* Taking medicine that is prescribed for someone else is very dangerous and against the law
* If your friends make fun of you because you won't try drugs, they're really not your friends
* You should always feel good about saying "NO" to drugs

Activity: Hobby Fair

Host a hobby fair to show many choices for getting "high". Include many, unusual hobbies, activities, or collections. Students that have task commitment to their interests will not stray to drugs or alcohol. Advise the media, for coverage of the events in the newspaper or television.

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

TASK CARD # 35

BENCHMARKS - The student should know:

* Marijuana is smoked or eaten, and is a "Gateway" drug because it leads to other drug usage
* Marijuana contains over 400 harmful chemicals
* Marijuana hurts your brain, making it hard to remember

Activity: Wall Display

Trace all hand prints from your drug-free group. Add your name and any watches, rings, etc. Arrange the handprints so that they form large letters for "DRUG-FREE". Letters may be 2 or 3 feet high when they are taped to a wall. The sign preceding "DRUG-FREE" should read "Our Wish for the World" written in marker on posterboard or heavy paper.

TASK CARD # 36

BENCHMARKS - The student should know:

* All the facts in this publication

Activity: Mock Game Show Competition

Collect all the facts from the benchmarks on these task cards, and all the facts gathered by the groups. Hold a type of Game Show Competition by individuals or teams. Create a school champion. Hopefully, the title could be transferred each year.

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

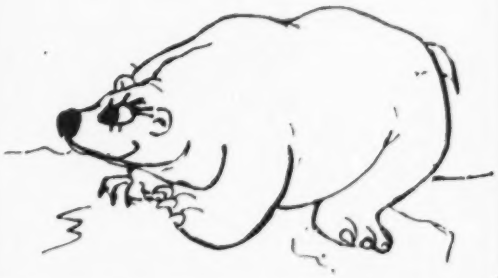
SCRAPBOOK

Duplicate many for student use.

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

NATE SHUN

Nation of drug-free 5th graders standing strong and tall.



MATT CHUR

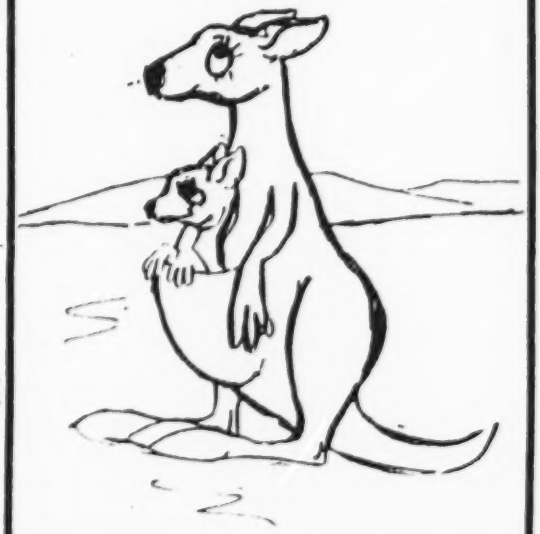
Mature kids make mature drug-free decisions

JOHN TOVER

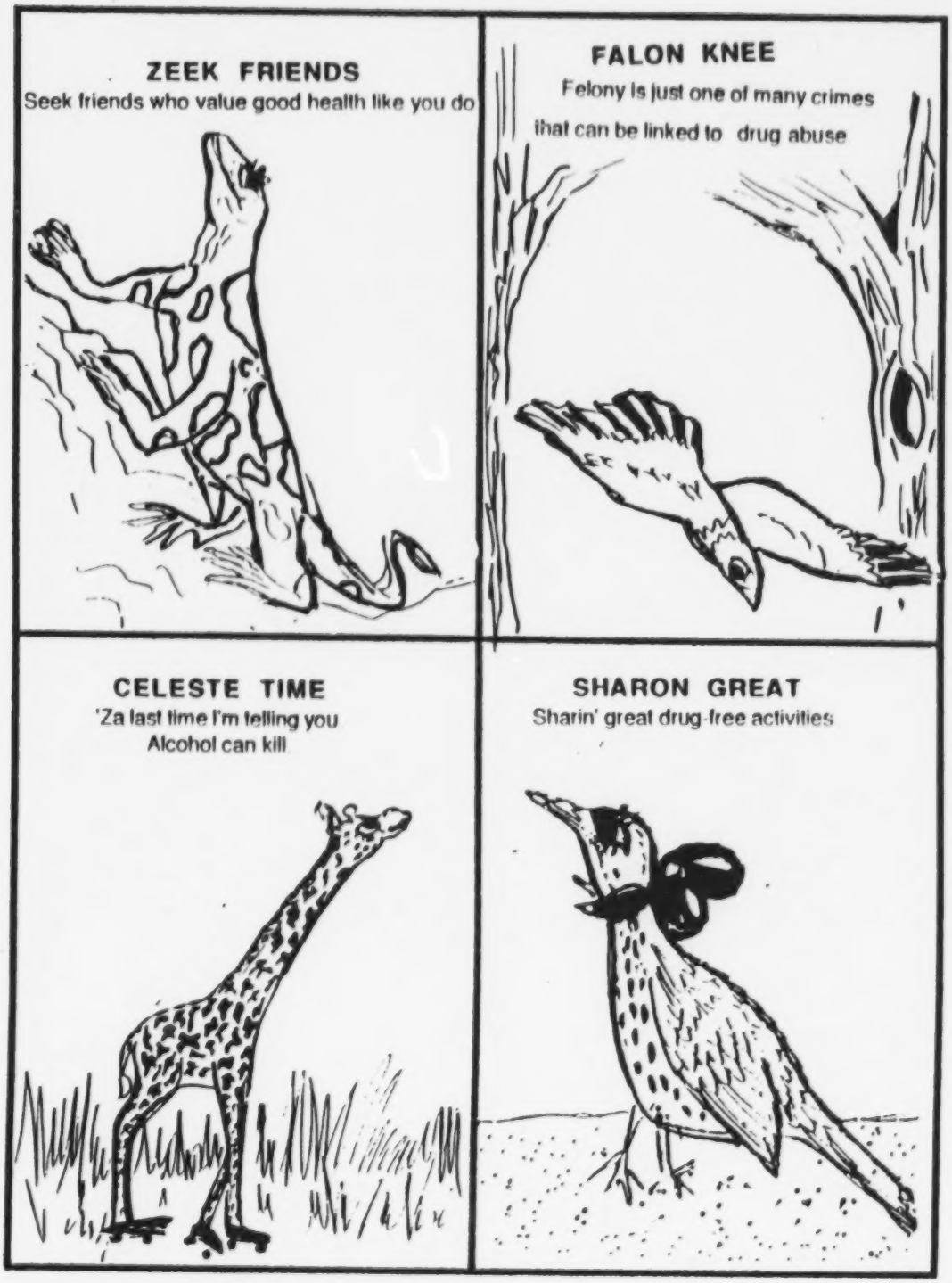
Jaunt over and greet this dynamite 5th grade group.

VANNA LISM

ıdalism and crime are linked to drug usage



Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722



Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

SID DEEZ

Cities across the USA joining the anti-drug movement

E. COSYSTEM

Ecosystem becomes unbalanced with cigarette smoke in the air.

ALMA TRUST

All my trust is in the 5th grade drug-free group

VIC TIMS

Victims of drug abuse are the addicts themselves

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

MARY ONE

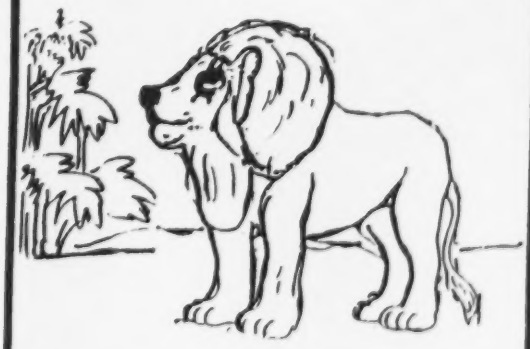
Marijuana and tobacco are harmful to your lungs.

DOLL ERZ

Dollars in the millions to pay for insurance claims from drunk drivers.

MAY I. REEM

May I remind you that beer is alcoholic?



CHAMP PAINE

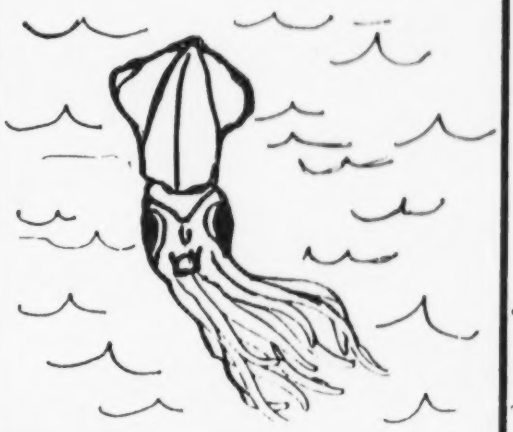
Champagne is alcoholic. Wine coolers are alcoholic.

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

Q. RIOUS

Curious experimentation with drugs is dangerous or fatal.

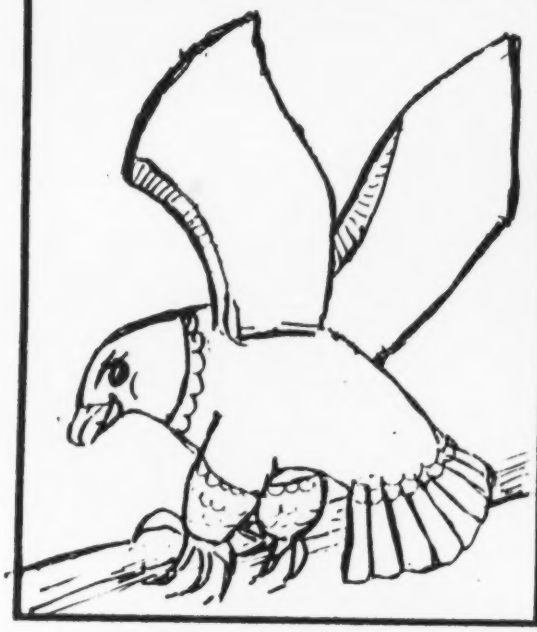


MAY DIN

Made in America - a drug-free pathway to the 21st Century

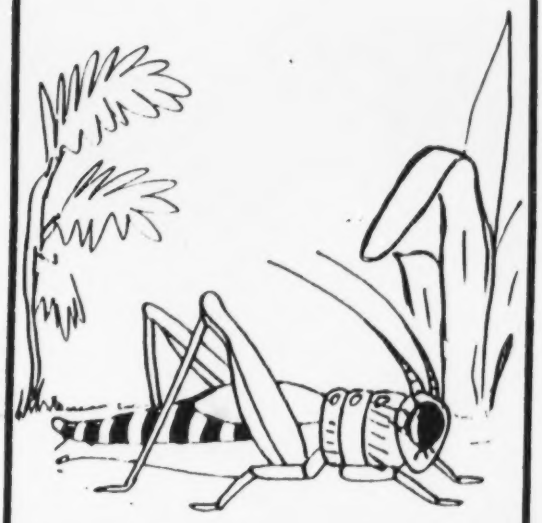
S. TABLISH

Establish a drug-free group to hand out with



E. ROSION

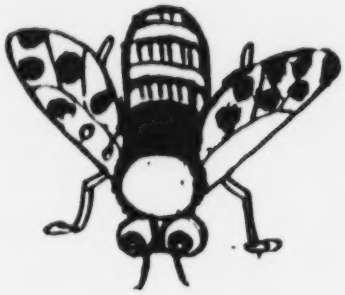
Erosion is wearing away of the drug pushers



Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

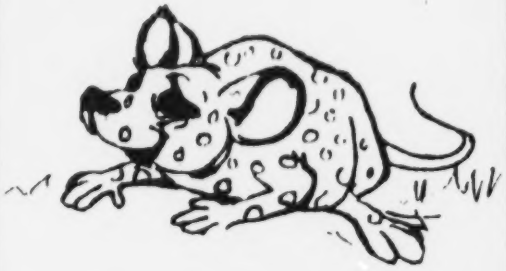
E. LIMINATE

Eliminate alcohol and drug abuse in your life.



ANITA IDEA

A neat idea! Drug-free by the 21st Century.



BONNIE FIDE

Bonified drug-free 5th graders here.

EDDIE ONE

Anyone knows that almost half of highway accidents are linked to alcohol.

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

VI O'LANCE

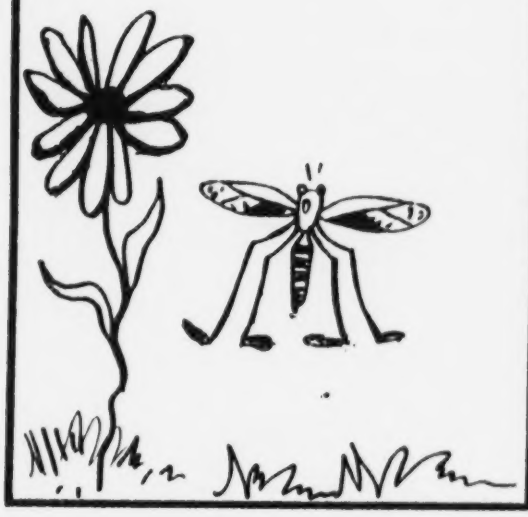
Violence and crime are linked to drugs.

MILLIE TARY

Military careers insist on clean and drug-free candidates.

A BAT

A battle against drugs has just begun.



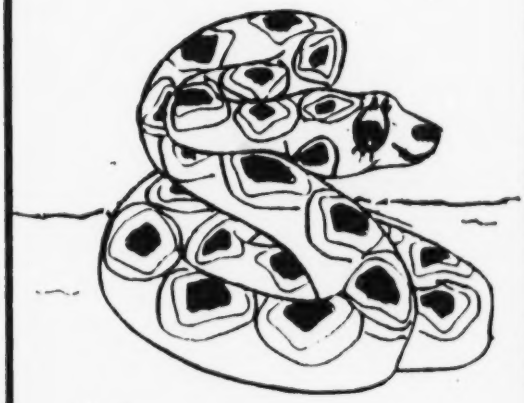
N. DEVER

Endeavors to arrest drug pushers are successful

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

LON CHA

Launch a drug-free campaign in your area.



WATSON YOOR

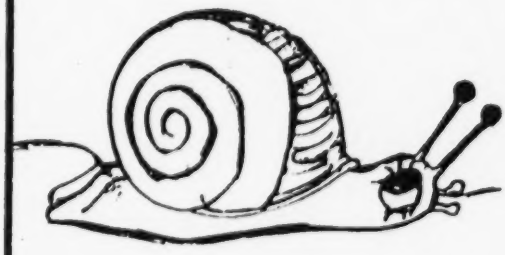
What's on your mind? A drug-free life? Great!

WILMA DRUG-FREE

Wilma drug-free wish for you come true?

ROBIN EARTH

Robbin' earth of its clean air with cigarette smoke.

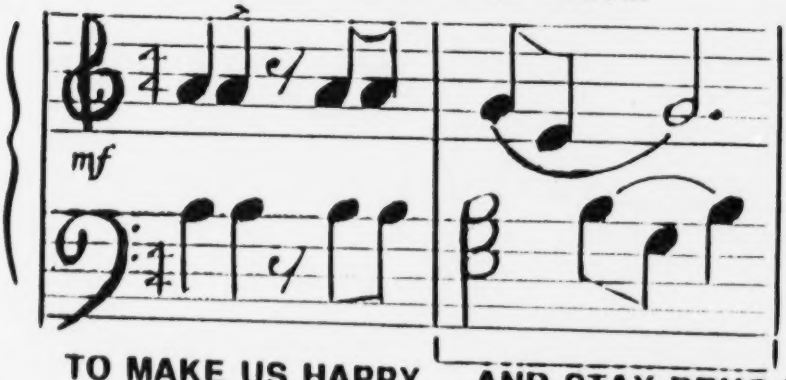


Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

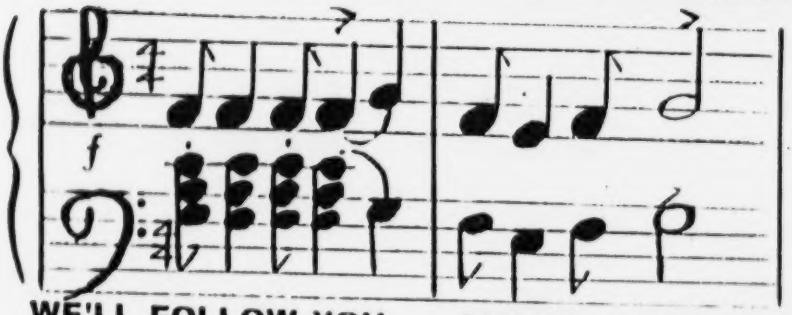
Andante

THEME SONG

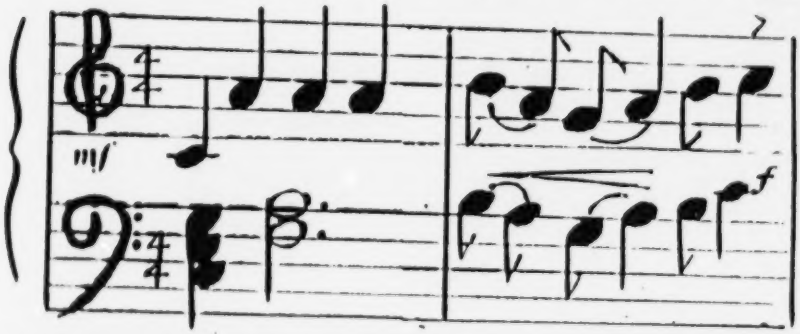
SPARKS ARE THE KEY...



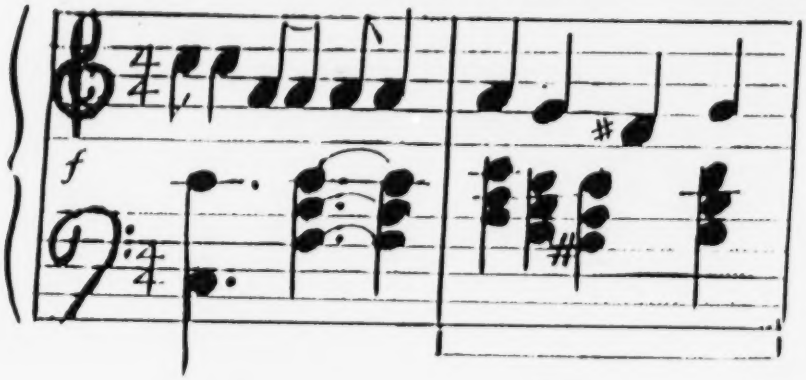
TO MAKE US HAPPY AND STAY DRUG-FREE!



WE'LL FOLLOW YOU AND BE YOUR FRIEND,

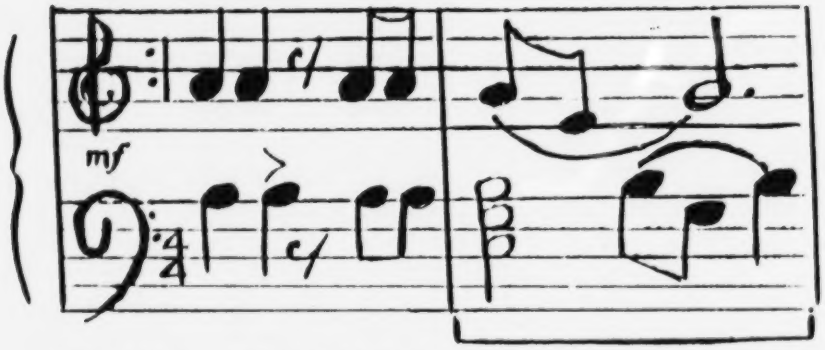


LET'S CHASE THE SUN AND FIND THE RAINBOW'S END!

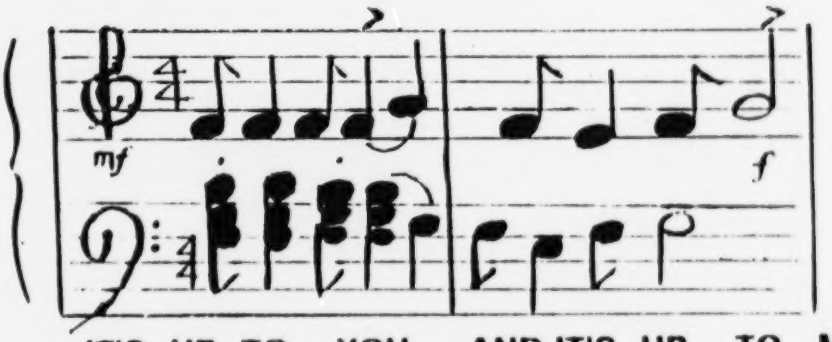


Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

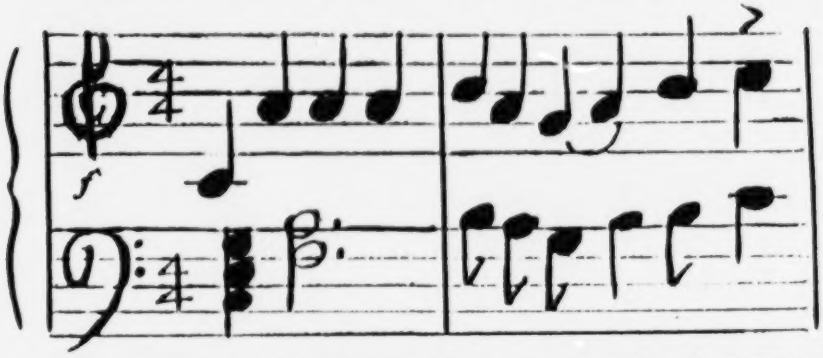
SPARKS UNDER STAND...



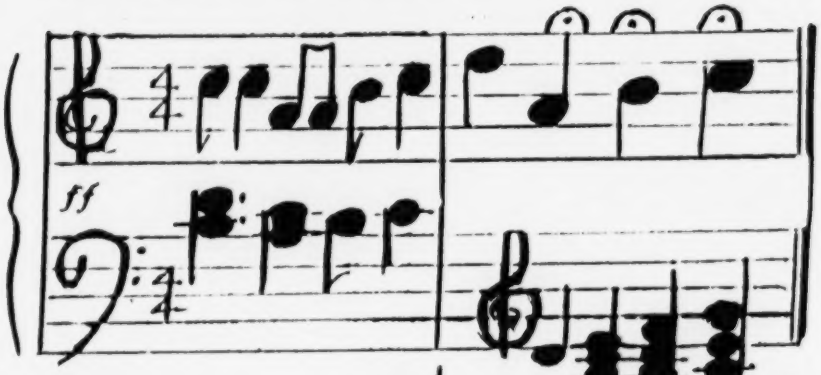
SO TAKE OUR HAND AS WE CROSS THIS LAND...



IT'S UP TO YOU AND IT'S UP TO ME...



TO MAKE THIS WORLD A BETTER PLACE TO BE!



ritardando

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

CG

SPARKS DRUG AND ALCOHOL AWARENESS TEST FOR GRADE FIVE

ANSWER KEY

WRITE TRUE OF FALSE BEFORE EACH STATEMENT:

TRUE 1. All by itself, alcohol is a lethal drug.

TRUE 2. Alcohol can be responsible for homicide or suicide.

FALSE 3. You cannot overdose on alcohol. **You can**

FALSE 4. Drinking and driving is not a cause of death among teenagers. **It is**

TRUE 5. Brain damage begins with the first drink.

TRUE 6. Crack can kill the first time it is used, or the hundredth.

FALSE 7. You cannot become an alcoholic until years after you have started drinking. **You can**

TRUE 8. Crack is almost instantly addictive.

FALSE 9. Crack is equally as strong as cocaine. **Many times stronger**

FALSE 10. If a parent drinks too much, you should blame yourself. **You should not**

TRUE 11. Sometimes movies will display drug use and rock stars will glamorize it.

FALSE 12. It is legal to drink at home if your parents buy the kegs of beer for you. **It is not legal for a minor to drink alcohol**

FALSE 13. If your friend has medicine that is working for him, it is all right for you to take some. **It is not safe**

TRUE 14. Marijuana contains more than 400 harmful chemicals.

TRUE 15. Alcohol, tobacco and marijuana are "Gateway Drugs".

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

MULTIPLE CHOICE (Circle the correct answer)

16. Grass, pot or weed are names for:
    A. beer
    B. alcohol
    C. marijuana
    D. cocaine
    E. none of the above

17. How strong marijuana is depends on the:
    A. climate
    B. soil conditions
    C. time of harvest
    D. all of the above
    E. none of the above

18. Crack is actually:
    A. flour
    B. LSD
    C. marijuana
    D. cocaine
    E. all of the above

19. _____ are common household items:
    A. marijuana plants
    B. inhalants
    C. pipes
    D. crack
    E. all of the above

20. The drug from a marijuana cigarette can stay in your system for:
    A. one month
    B. forever
    C. a year
    D. none of the above
    E. all of the above

FILL IN THE BLANK:

21. To become "hooked on" a drug means to become **addicted**.

22. **Crack** looks like slivers of soap.

23. Chewing **tobacco** causes cancer of the mouth and other diseases of the gums and teeth.

24. Marijuana has more tar and cancer causing agents than **tobacco**.

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

25. Craving is more intense for **cocaine** than any other drug.

26. Marijuana can be smoked or **eaten**.

27. A **Gate**way drug is a drug that leads to usage of other drugs.

28. People say "NO" to drugs because it is against the law, because they don't like the way drugs make them feel, or because it is against their **religion**.

29. Liver cancer is related to **alcohol** use.

30. Crack is a form of **cocaine**, but it is 4-10 times stronger.

31. Inhalants are cheap, easy to buy, and common **household** items.

32. Inhalants are used by sniffing through the nose, or "**huffing**", - which is inhaling the fumes through the open mouth.

33. Inhaling heroine is called "**snorting**".

34. Large amounts of inhalants can cause deep sleep or even a **coma**.

35. One reason drug abuse continues is that movies display drug abuse and **rock stars** glamorize it.

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

SPARKS DRUG AND ALCOHOL AWARENESS TEST FOR GRADE FIVE

NAME_____DATE_____

WRITE TRUE OF FALSE BEFORE EACH STATEMENT:

_____1. All by itself, alcohol is a lethal drug.

_____2. Alcohol can be responsible for homicide or suicide.

_____3. You cannot overdose on alcohol.

_____4. Drinking and driving is not a cause of death among teenagers.

_____5. Brain damage begins with the first drink.

_____6. Crack can kill the first time it is used, or the hundredth.

_____7. You cannot become an alcoholic until years after you have started drinking.

_____8. Crack is almost instantly addictive.

_____9. Crack is equally as strong as cocaine.

_____10. If a parent drinks too much, you should blame yourself.

_____11. Sometimes movies will display drug use and rock stars will glamorize it.

_____12. It is legal to drink at home if your parents buy the kegs of beer for you.

_____13. If your friend has medicine that is working for him, it is all right for you to take some.

_____14. Marijuana contains more than 400 harmful chemicals.

_____15. Alcohol, tobacco and marijuana are "Gateway Drugs".

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

MULTIPLE CHOICE (Circle the correct answer)

16. Grass, pot or weed are names for:
    - A. beer
    - B. alcohol
    - C. marijuana
    - D. cocaine
    - E. none of the above

17. How strong marijuana is depends on the:
    - A. climate
    - B. soil conditions
    - C. time of harvest
    - D. all of the above
    - E. none of the above

18. Crack is actually:
    - A. flour
    - B. LSD
    - C. marijuana
    - D. cocaine
    - E. all of the above

19. _____ are common household items:
    - A. marijuana plants
    - B. inhalants
    - C. pipes
    - D. crack
    - E. all of the above

20. The drug from a marijuana cigarette can stay in your system for:
    - A. one month
    - B. forever
    - C. a year
    - D. none of the above
    - E. all of the above

FILL IN THE BLANK:

21. To become "hooked on" a drug means to become _____.

22. _____ looks like slivers of soap.

23. Chewing _____ causes cancer of the mouth and other diseases of the gums and teeth.

24. Marijuana has more tar and cancer causing agents than _____.

25. Craving is more intense for _____ than any other drug.

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722

26. Marijuana can be smoked or _____.

27. A _____way drug is a drug that leads to usage of other drugs.

28. People say "NO" to drugs because it is against the law, because they don't like the way drugs make them feel, or because it is against their _____.

29. Liver cancer is related to _____ use.

30. Crack is a form of _____, but it is 4-10 times stronger.

31. Inhalants are cheap, easy to buy, and common _____ items.

32. Inhalants are used by sniffing through the nose, or "_____", - which is inhaling the fumes through the open mouth.

33. Inhaling heroine is called "_____".

34. Large amounts of inhalants can cause deep sleep or even a _____.

35. One reason drug abuse continues is that movies display drug abuse and _____ glamorize it.

Copyright © 1994 Drexler Associates, Inc., PO Box 722, Erie, PA 16512-0722